

## ERICA A WEHRWEIN, PhD

Michigan State University, Department of Physiology  
567 Wilson Rd, 2168 Biomedical Physical Sciences Bldg  
East Lansing, MI 48823  
[wehrwei7@msu.edu](mailto:wehrwei7@msu.edu); 517-884-5043

### EMPLOYMENT

Oct 2024-Present Professor, Department of Physiology, College of Natural Sciences, Michigan State University, East Lansing MI

Oct 2018-Oct 2024 Associate Professor, Department of Physiology, College of Natural Sciences, Michigan State University, East Lansing MI

Nov 2011-Oct 2018 Assistant Professor, Department of Physiology, College of Natural Sciences, Michigan State University, East Lansing MI

### EDUCATION AND TRAINING

2008-2011 Postdoctoral Fellow, Human and Integrative Physiology, Dept of Anesthesiology Research Autonomic Division, Mayo Clinic, Rochester, MN (Fellowship Mentor: Michael J Joyner, MD)

Projects: 1) Novel role for peripheral chemoreceptors in regulation of blood glucose; Control of sympathetic nerve activity in blood pressure regulation, 2) Respiratory modulation of muscle sympathetic nerve activity, 3) Interactions between chemoreflex and baroreflex in control of blood pressure

2002-2008 Ph.D., Physiology, Dept of Physiology, Michigan State University (3.94 GPA)

Dissertation Topic: Elucidating a role of cardiac norepinephrine transporter in hypertension (Major Advisor: David L Kreulen, PhD)

Dissertation Committee: Gregory D Fink, Stephen E DiCarlo, William S Spielman, and Ronald Meyer

Lab Rotations: Fall 2003, Robert Wiseman, PhD; Spring 2003: Stephanie W Watts, PhD

1998-2001 M.S., Biological Sciences, Dept of Biological Sciences, Western Michigan University (4.0 GPA)

Thesis Topic: Activity-Induced Changes in Neurotrophic Factor Expression (Major Advisor: John M Spitsbergen, PhD)

1993-1998 B.S., Biomedical Science (Pre-Med) with Chemistry Minor (selected coursework in Secondary Education, Biology, Psychology), Western Michigan University, Cum Laude

### NOTABLE HONORS

2025 Michigan State University, President's Distinguished Teaching Award

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American Physiological Society Fellow, 2024

Featured in APS The Physiologist Magazine 2024

<https://www.physiology.org/publications/news/the-physiologist-magazine/under-the-microscope/the-power-of-teaching?SSO=Y>

Featured by MSU Nat Sci Article

<https://physiology.natsci.msu.edu/physiology-news/erica-wehrwein-named-american-physiological-society-fellow.aspx>

American Physiological Society Guyton Educator of the Year, 2022

<https://natsci.msu.edu/news/erica-wehrwein-named-distinguished-educator-of-the-year.aspx>

2022 Western Michigan University Alumni Achievement Award (Dept of Biological Sciences)

<https://wmich.edu/arts-sciences/alumni/alumni-awards>

2022 Western Michigan University Learner Centered Pinnacle Award (\*selected from all department alumni winners for the one who most exemplifies the Pillar of WMU to be learner centered)

<https://wmich.edu/news/2022/10/69545>

Featured alumni in Western Michigan University magazine

<https://wmich.edu/news/2022/09/69144>

Donald & Barbara Koch Quality in Undergraduate Teaching Award (all university honor), 2020

<https://msutoday.msu.edu/news/2021/quality-in-undergraduate-teaching>

**CURRENT KEY ROLES**

**Internal**

Course Director, PSL 475L Capstone Laboratory in Physiology (supervise up to 10 TAs per semester)

Director, PSL Senior Capstone Projects

Lead for Integrative Biomedical Laboratory, HM 553 Medical School I, Pulmonary Function Testing, Electrocardiogram, and Blood Pressure

Departmental Outreach Coordinator

Chair, Departmental Award Committee

Departmental Education Development Committee

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Faculty Mentor, Physiology Society and Reach Outside Student Clubs

Graduate Program Recruitment Booth Host, Experimental Biology and Michigan Physiological Society, 2014-present

**External**

Chair, Advisory Board, American Physiological Society Center for Physiology Education

Director, Physiology Majors Interest Group (P-MIG)

Editorial Board, Advances In Physiology Education Journal

Reviewer, International Research Congress on Integrative Medicine and Health (IRCIMH) Congress

iSpy Physiology Contributor (Lay Press Blog, sponsored by APS)

**TEACHING EXPERIENCE**

Fall 2025-present	Course Director and Instructor, PSL 431 Human Physiology I, Autonomic, Cardiac, Vascular, Integrative Units, Michigan State University College of Natural Science
Fall 2025-present	Instructor, HM 552 Histology
Fall 2025-present	Instructor, HM 555 Rotational Study Group, Pulmonary (Cough and Dyspnea Units)
Spring 2012-present	Course Director and Instructor, PSL 475 Capstone Laboratory, Michigan State University College of Natural Science
Spring 2012-present	Instructor, HM 553 Medical School I, Virtual Imaging and Physiology and Integrative Biomedical Laboratory, Pulmonary Function Testing, Electrocardiogram, and Blood Pressure
Summer 2004-present	Instructor of Physiology, Gifted and Talented Education Program Science Summer Camp for Middle School Students, Mathematics, Science & Technology Division, Michigan State University
Summer 2014, 2015	Course Director and Instructor, PSL 439 Integrative Physiology, Michigan State University College of Natural Science
Fall 2009	Guest Lecturer, Cardiovascular Pathophysiology Honors Course, Winona State University (Course Director: Edward Wilson)
Winter 2009-2012	Guest Lecturer (Cardiac Cycle and Electrocardiogram Lectures), Integrative Physiology Course, Department of Physiology and

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Biomedical Engineering, Mayo Clinic (Course Director: Nisha Charkoudian, PhD)

- Spring 2007      Guest Lecturer (Autonomic Physiology Unit), PSL 828 (Systems Physiology), Department of Physiology, Michigan State University
- Spring 2005      Laboratory Instructor/Teaching Assistant, PSL 475 (Capstone Physiology Laboratory), Department of Physiology, Michigan State University
- Spring 2004      Instructor, NSC301 (Science for Elementary Schools), Division of Mathematics and Science Education, Michigan State University
- Fall 2003        Teaching Assistant, NSC301 (Science for Elementary Schools), Division of Mathematics and Science Education, Michigan State University
- Summer 2003    Instructor, Scientific Research Methods and Writing for the Natural Sciences, McNair/SROP Scholars Program (Summer Research Experience for Undergraduate Students), Michigan State University
- Winter 2000-Fall 2001    Laboratory Instructor/Teaching Assistant, BIOS 350 (Human Physiology For Majors Laboratory), Department of Biological Sciences, Western Michigan University
- Fall 2001        Laboratory Coordinator, BIOS 350 (Human Physiology For Majors Laboratory), Department of Biological Sciences, Western Michigan University
- Spring 2000     Laboratory Instructor/Teaching Assistant, BIOS 240 (Human Physiology for non-majors) Department of Biological Sciences, Western Michigan University
- Fall 1999        Laboratory Instructor/Teaching Assistant, BIOS 151 (Organismal Biology), Department of Biological Sciences Western Michigan University
- Fall 1998        Laboratory Instructor/Teaching Assistant, BIOS 211 (Human Anatomy), Department of Biological Sciences Western Michigan University
- Fall 1997-Fall 1998    Course Content Tutor for Introduction to Biomedical Sciences, Molecular Biology, Cellular Biology, Organismal Biology, Genetics, Human Anatomy and Human Physiology, Academic Skills Center, Western Michigan University

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Spring 1996

Supplemental Instruction Leader, BIOS 112 (Introduction to Biomedical Sciences), Academic Skills Center, Western Michigan University

### **SERVICE**

#### **A. Community Outreach**

Physiology Understanding Week

- PhUn Day Lead Organizer, Impression 5 Science Center, 2012-present (~1000 visitors to the event annually)

Elementary School Science Nights

- Marble Elementary School Science Night 2013-present
- Beagle Elementary Science Night, March 2016-present
- Whitehills Elementary Science Night, 2016-present
- Glencairn Elementary Science Night 2014-present
- Donley Elementary Science Night, 2013-present
- Fairview Elementary Science Night, 2013-present
- Lansing Charter Academy Science Experience, Mar 2017

Camps

- Mathematics, Science, and Technology (MST) 2 week intensive Summer Camp for gifted middle school students, Physiology Class Instructor, Course Designer 2005, Instructor 2006, 2007, 2015, 2016, 2017, 2020, 2022, 2023
- Young Future Phenoms, July 2016-present
- Grandparents University 2013, 2014

Other Outreach

- MSU Science Festival- expo tent or other event for physiology and meet a physiologist stations, lead organizer, April 2013-present
- Coach, Michigan Physiology Quiz (MI-PQ) Team from MSU (2nd place in state tournament), 2018-present
- Glencairn Elementary STEM club mentor, 2016-2017
- Mason High School-PhUn Day (high school honors student experiment in my laboratory) 2013
- 4H Science Day, 2014
- Girl Scout STEM Day, 2014
- St Thomas Elementary- Kindergarten Physiology Event, Mar 2012
- Volunteer Judge, Michigan Science Olympiad State Tournament "Anatomy B" event (middle school division), 2013, 2014
- Building a Healthier Community InSciEd Out: Mayo Clinic community outreach, Summer 2010-present

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- Elementary Science Fair Coach: Bi-weekly visits to Lincoln Elementary, Oct 2010-March 2010
- Participant in Speed Date a Scientist Day: interaction with elementary and middle school teachers from local elementary schools, Aug 2010, Feb 2011
- Celebration of Research Day volunteer (lab tours and research introduction to High School students) February 2009-11
- GATEway Science Fair Judge, Mayo Clinic February 2009-11
- Research Mentor/Project Consultant, Winona State University (Laboratory of Dr Ted Wilson), Fall 2009
- Event Coordinator and Judge, Michigan Science Olympiad State Tournament “Experimental Design” event (high school and middle school divisions), 2003-06

### **B. Conference and Symposium Planning**

Director and Conference Planning Committee, 4<sup>th</sup> Conference Physiology Majors Interest Group, Univ Oregon, August 2023

Symposium Co-Chair, Using History of Physiology in Teaching About Science as a Research Endeavor, Experimental Biology Symposium, 2021

Director and Conference Planning Committee, 3rd Conference Physiology Majors Interest Group, Univ Oregon, July 2020

Symposium Co-Chair, Using History of Physiology in Teaching About Science as a Research Endeavor, Experimental Biology Symposium, 2020

Lead Speaker and Moderator, Physiology Majors Interest Group Networking Session, APS Education Sponsored Session, Experimental Biology, April 2020

Symposium Co-Chair, Curriculum, Core Concepts, and Cooperation: Physiology Majors Interest Group, Human Anatomy & Physiology Society, 2019

Conference Planning Committee-5th Annual Michigan Physiological Society June 2018

Director and Conference Planning Committee, 3rd Conference Physiology Majors Interest Group, Univ Minnesota, June 2019

Director and Conference Planning Committee, 2nd Conference Physiology Majors Interest Group, Univ Arizona, June 2018

Director and Conference Host, 1st Conference Physiology Majors Interest Group, Michigan State Univ, May 2017

Past President and Conference Planning Committee-4th Annual Michigan Physiological Society June 2016

Conference Planning Committee, 2nd conference for Michigan High School Teachers on Physiology 2017 (partner with APS), June 2017

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Host, ADI workshop for Physiology Educators, June 2017

Co-founder and organizing committee, First Michigan Physiology Quiz (MI-PQ), June 2017

President and Conference Planning Committee-3rd Annual Michigan Physiological Society 2016

Conference Planning Committee, First conference for Michigan High School Teachers on Physiology 2016 (partner with APS)

Symposium Co-Chair, The mind matters: Psychology as a forgotten variable in autonomic physiology, Experimental Biology 2016

Symposium Co-Chair, What's Your Major? The Rise of the Undergraduate Physiology Degree, APS Education Symposium, Experimental Biology 2015

Symposium Chair, Resilience is Power: Dealing with the Ups and Downs of Your Scientific Career, APS Career Symposium, Experimental Biology 2015

Symposium Co-Chair, Conscious Choice and Serendipity in Your Career Trajectory: A Panel Discussion, APS Career Symposium, Experimental Biology, 2014

Symposium Chair, Complementary and Alternative Therapies for Chronic Autonomic and Cardiovascular Diseases, FASEB Summer Research Conference Neural Control 2013

Symposium Organizer and Co-Chair with Glenn Toney PhD, Control of sympathetic nerve activity: Coupling to Respiration, Experimental Biology Neural Control Featured Topic, 2010

Symposium Co-Chair, "Donald Reis Memorial-Neural Control & Autonomic Regulation Trainee Featured Topic, Experimental Biology, 2010

Workshop Organizer, "Begin with the end on mind planning for a successful scientific career", Mayo Clinic guest speaker Philip Clifford, PhD, Feb 2010

Symposium Organizer and Co-Chair, Experimental Biology Trainee Symposium, 2007: "Multiple Career Options In Physiology: Understand your options and how to get there", 2007

**C. College and Departmental Service**

College

CHM Mentoring Circle

CHM MMI interviewer, 2024

CHM Curriculum Review of Physiology Content, 2024

College of Natural Science Curriculum Committee

MSU representative to HHMI Constellation Studio on Quantitative Skills and Assessment in Undergraduate Students, March 2017

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MSU Biology Initiative Operating Committee, College of Natural Sciences, July 2012-July 2019

College Search Committee Work

- Human Biology Faculty Search (meet with candidates and evaluate), 2023
- Human Biology Capstone Instructor, 2017
- Director search for Bio Sci Program, 2016

Department

Chair, PSL Awards Committee

Education Development Committee

PSL Chair Search, 2024

PSL 250 Search, 2024

PSL Fixed Term Annual Review Committee, 2023-25

Faculty Mentor, Physiology Society Undergraduate Club, Michigan State University, Spring 2012- present

Graduate Program Recruitment Booth Host, Experimental Biology and Michigan Physiological Society, 2014-present

Honors and Entrepreneurial Option Mentor PSL 475, Michigan State University, Spring 2012-present

Departmental Career and Professional Development Student Advisor, Michigan State University, Spring 2012- present

Chair, Undergraduate Programming and Curriculum Committee, MSU Dept of Physiology, 2014-2016

Member, Undergraduate Programming and Curriculum Committee, MSU Dept of Physiology 2012-2018

MSU Physiology Department Search Committee Work

- PSL Department Chair Search, 2022-2024
- Faculty Search for PSL 250 Instructor, 2021
- Chair, Instructional Technician Search, 2016
- Faculty Search, PSL 311 Instructor, 2016
- Faculty Search, College of Veterinary Medicine integrative physiology researcher, 2016
- Chair PSL 250 Assistant Professor Faculty Search, Nov 2013-March 2014
- Faculty Search for PSL 250 Instructor, April 2013-Aug 2013
- Chair for Instructional Technologist Search, Jan-Feb 2013
- Professional Academic Advisor Search, Nov 2012- April 2013

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### Other Service

- Mayo Research Fellows Association, Coordinator on career and teaching development workshops, 2008-2011
- Co-Organizer, Writing Support Group, Departmental of Physiology & Biomedical Engineering, Mayo Clinic, 2009-2011
- Postdoctoral Affairs Committee, Mayo Clinic Department of Physiology and Biomedical Engineering, 2008-09
- Simulated Patient Volunteer, College of Human Medicine, Michigan State University, 2003
- Biological Sciences Graduate Student Organization (BGSO)- President April 2000-April 2001, BGSO student representative for departmental faculty search, 2000, Western Michigan University
- Teaching Circle- Co-founder/Secretary, group of teaching assistants in Biological Sciences with the goal of improving quality of teaching, Western Michigan University, 2000
- Scientific Consultant, National Science Foundation Education Grant (Jane Rice, PhD., Michigan State University), 2003

### **D. Professional Service and Consulting**

External Reviewer, College of Arts and Sciences at the University of Oregon, Conduct a comprehensive review of the Department of Human Physiology

Consultant, University of Oregon, Mission to Mars – A Novel Model of Experiential Learning through Role-Play in a Simulated Professional Experience, 2025

Develop a novel model for a course that is designed to facilitate the development of professional skills (i.e., career readiness competencies) for undergraduate majors in human physiology while simultaneously exploring the fascinating physiology of human spaceflight.

Consultant, McGraw-Hill Medical Division, First-Aid-USMLE-Step-2025 TextBook Question Reviewer (Content expert for autonomic, cardiac, vascular, pulmonary, endocrine); checking accuracy of a new AI Tool to generate accurate questions

Judge for APS Physiolo-GIST Competition (Generalized & Impactful Short Talk), APS Summit 2026

APS CPE educator conference planning committee

Physiology Majors Interest Group Conference planning committee

APS symposium proposal, From the Lab to the Layperson: Effective Science Communication to the General Audience Consultant, U Oklahoma Physiology Education (Bodine and Busik)

Consultant, U Arizona, Development of Capstone Courses (Kanady)

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Consultant, Launch of a Texas Chapter of APS

Advisory Board, American Physiological Society Center for Physiology Education

- Projects:
  - Lead, Autonomic nervous system month of learning
  - CPE Undergraduate Curriculum Working Group
  - CPE Conference Working Group

APS Guyton Award Committee

APS NCAR Award Committee

APS Anne Crecelius Award Committee

AD Instruments, Consultant on New Autonomic Testing Mini-Laboratory Lessons, Cold Pressor Test

Co-Chair, American Physiological Society Center for Physiology Education Interim Advisory Board

Co-Chair, American Physiological Society Center for Physiology Education Task Force

Director, Physiology Majors Interest Group (P-MIG)

Invited Guest Editor, International Journal of Environmental Research and Public Health, Special Issue on Interdisciplinary Aspects of Women's Physiology and Physical Fitness

Association of Chairs of Dept. of Physiology, Physiology Core Concepts Working Group

American Physiological Society Teaching Section Steering Committee, Liaison to Educators Committee

Michigan Physiological Society, Conference Planning Committee and Michigan Physiology Quiz Co-Coordinator

Editorial Board, Advances In Physiology Education Journal

Consulting Editor, Ganong's Medical Physiology 26th Edition (McGraw Hill)

Michigan Physiological Society, Conference Planning Committee and Michigan Physiology Quiz Co-Coordinator

External Program Evaluator, Gonzaga University Dept of Human Physiology, March 2021

Education Consultant, University of Georgia Physiology Department (starting a new BS degree), February 2019

Education Consultant, University of Louisville (starting a new BS degree), February 2018

Physiology Majors Interest Group, Co-Founder 2014

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Michigan Physiology Quiz (state-wide quiz event for undergraduates), Event Organizer and Judge, 2017-present

Human Anatomy and Physiology Society Curriculum and Instruction Committee, Subcommittee on Physiology Learning Objectives, 2017-2019

Invited abstract reviewer, International Congress on Integrative Medicine and Health and the Academic Consortium for Integrative medicine and health, Dec 2017-present

American Physiological Society LifeSciTRC Reviewer, 2014-2019

HHMI Focus Group Member, HAPS 2017

Co-founded Michigan Physiology Quiz (MI-PQ), State-wide competition for physiology undergraduate students (First event May 2017)

Invited Consultant on Undergraduate Education, APS strategic planning 2016-17

American Physiological Society Institute for Teaching and Learning Planning Committee, 2015-2017

Michigan Physiology Society-President, 2015-16; President Elect, 2014-15; Secretary-Treasurer, 2013-14; Founding Member, 2012

Michigan Physiological Society-Conference Planning Committee 2014-2017

American Physiological Society, Chapter Advisory Committee, 2014-2017

American Physiological Society Career Opportunities In Physiology Committee member 2012-2015

American Physiological Society, Teaching Section liaison to Education Committee, 2012-2015, 2019-2021

Abstract reviewer, International research congress on integrative medicine and health (IRCIMH) Congress, 2014, 2016-present

American Physiological Society David Bruce Awards Judge, 2012-2020

American Physiological Society Professional Skills Course Liaison 2014

American Physiological Society Publications Task Force 2011-2012

Faculty of 1000 Biology Website, Associate Faculty Member and evaluation contributor for physiology (faculty partner Gregory D Fink, PhD), <http://f1000biology.com/>, Aug 2009-2014

Committee Chair, American Physiological Society, Trainee Advisory Committee 2009-2011

Committee Chair (2009) and Chair Elect (2008) of the American Physiological Society Arthur C Guyton Physiology Educator of the Year Selection Committee

American Physiological Society, Arthur C Guyton Awards Committee Member 2008-09

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American Physiological Society, Trainee Advisory Committee, 2004-2008

American Physiological Society, Teaching Section Steering Committee, 2004-2008 & 2009-2010

American Physiological Society, Volunteer for Undergraduate Poster Session, 2004-present

American Physiological Society, Professional Skills Advisory Board, 2006

Young Investigator Travel Award Judge Experimental Biology Travel Award, Society for Experimental Biology in Medicine, 2005

**E. Editorial Roles and Peer Review**

Editorial Board

Advances in Physiology Education

Journal of College Science Teaching Editorial Board

American Physiological Society LifeSciTRC Editor for Undergraduate Physiology

American Physiological Society Center for Physiology Education, Undergraduate Curriculum Resource Working Group

Invited Guest Editor

Consulting Editor, Ganong's Medical Physiology 26th Edition (McGraw Hill)

International Journal of Environmental Research and Public Health, Special Issue on Interdisciplinary Aspects of Women's Physiology and Physical Fitness

Journal Reviewer

Advances in Physiology Education

Journal of Physiology

Comprehensive Physiology

American Journal of Physiology-Heart and Circulatory

American Journal of Physiology-Regulatory, Integrative and Comparative Physiology

American Journal of Physiology - Renal Physiology

Clinical Autonomic Research

Autonomic Neuroscience: Basic and Clinical

OBM Integrative and Complementary Medicine

Hypertension

Computational and Structural Biotechnology Journal

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International Congress on Integrative Medicine and Health  
American Journal of Undergraduate Research  
Saudi Medical Journal  
Behavior Therapy  
Frontiers in Physiology  
Frontiers in Integrative Physiology  
Journal of Molecular and Cellular Cardiology  
Journal of Autonomic and Autacoid Pharmacology  
Journal of Physiology and Pharmacology  
Biochemical Sciences  
Chemical Sciences Journal  
Molecular Pharmaceutics  
Scientific Reports  
International Journal of Environmental Research and Public Health  
HAPS Educator

Laboratory Manuals:

Experiments In Physiology 10th Edition (Tharp and Woodman), 2013

Conference Abstract Review:

Invited abstract reviewer, International Congress on Integrative Medicine and Health  
Invited abstract reviewer, Academic Consortium for Integrative Medicine and Health

**HONORS**

2025 President's Distinguished Teaching Award, Michigan State University

2022 Western Michigan University Alumni Achievement Award (Dept of Biological Sciences)  
<https://wmich.edu/arts-sciences/alumni/alumni-awards>

2022 Western Michigan University Learner Centered Pinnacle Award  
<https://wmich.edu/news/2022/10/69545>

(\*selected from all department alumni winners for the one who most exemplifies the Pillar of WMU to be learner centered)

2022 Guyton Distinguished Educator Award (APS national teaching award)  
<https://natsci.msu.edu/news/ERICA-wehrwein-named-distinguished-educator-of-the-year.aspx>

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Donald & Barbara Koch Quality in Undergraduate Teaching Award (all university honor), 2020  
<https://msutoday.msu.edu/news/2021/quality-in-undergraduate-teaching>

Nominee for APS Guyton Educator of the Year, 2020 and 2021

Michigan State University, College of Natural Science, Undergraduate Teaching Award, 2019

Top downloaded article of the year: Wehrwein EA, Orer HS, Barman SM. Overview of the Anatomy, Physiology, and Pharmacology of the Autonomic Nervous System. Compr Physiol. 2016 Jun

Nominee to American Physiological Society Council, 2018, 2022

The Physiological Society, Dublin Conference Travel Award, 2016

Michigan State University, College of Natural Science, Teaching Prize Award for Excellence in Teaching at the Undergraduate Level, 2014

Dale Benos Early Career Professional Service Award, American Physiological Society, 2013

DiCastro-Heymans Research Recognition Award, International Society for Arterial Chemoreception, 2011

Research Recognition Award, American Physiological Society Neural Control and Autonomic Regulation Section, Experimental Biology, 2011

FMS/Penaz Wesseling Travel Fellowship Award for the 20th International Symposium on the Autonomic Nervous System, August 2009

Michael J Brody Young Investigator Award, Neural Control and Autonomic Regulation American Physiological Society, April 2009

American Physiological Society Travel Award to attend the International Union of Physiological Sciences (IUPS) in Kyoto Japan, July 2009

Caroline tum Suden/Frances Hellebrandt Postdoctoral Award Winner-selected by the American Physiological Society Women in Science Committee 2009, 2011 (declined)

FASEB Trainee Travel Award, Neural Mechanisms in Cardiovascular Regulation, Sydney, Australia 2007

Best Poster in Session Recognition, Neural Mechanisms in Cardiovascular Regulation, Sydney, Australia 2007

Best Poster Award, 17th International Symposium on the Autonomic Nervous System Poster Session 3, November 2006

Research Recognition Award for New Investigators in Education Research, Experimental Biology 2005 (Teaching Section)

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American Heart Association Hypertension Summer School Travel Stipend, 5th Annual Meeting 2005

International Union of Physiological Sciences Travel Award, Experimental Biology 2005

Society for Experimental Biology in Medicine Travel Award, Experimental Biology 2004

Commendation for Excellence in Teaching of Physiology, Michigan State University Gifted and Talented Education Program, 2004

Best Poster Presentation Award, Michigan Neuroscience Meeting 2002

Caroline tum Suden/Frances Hellebrandt Predoctoral Award Winner-selected by the American Physiological Society Women in Science Committee 2001

Distinguished Biomedical Sciences Graduate Student (research and teaching excellence)-Department of Biological Sciences, Western Michigan University 2001

University Wide Graduate Research and Creative Scholar (recognition for teaching and research excellence), Western Michigan University 2001

Department of Biological Sciences Graduate Research and Creative Scholar 2001

Student Employee of the Year nominee-Western Michigan University 2000-01

University Wide Graduate Teaching Excellence Award, Western Michigan University 2001

Western Michigan University Travel Grant Awardee-2000

Western Michigan University Travel Grant Awardee-2001

Lee Honor's College Grant for Undergraduate Research recipient

College of Arts and Sciences Undergraduate Research Grant Recipient (declined due to stipulations of another grant)

American Heart Association Grant for Undergraduate Research-honorable mention

Western Michigan University- Medallion Academic Scholarship recipient

Alpha Lambda Delta Scholarship recipient

Michigan Competitive Scholarship recipient

General Motors Scholarship for Dependent Children recipient

Dean's List (9 semesters)-Western Michigan University

Who's Who Among American College Students

National Dean's List

Golden Key National Honor Society

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## **GRANTS AND FUNDING**

### **2025**

University of Oregon Williams Instructional Grant, Halliwill (PI), 06/05/2025-06/04/2026

Mission to Mars – A Novel Model of Experiential Learning through Role-Play in a Simulated Professional Experience

Total direct costs: \$5900

Develop a novel model for a course that is designed to facilitate the development of professional skills (i.e., career readiness competencies) for undergraduate majors in human physiology while simultaneously exploring the fascinating physiology of human spaceflight.

Role: Consultant

Funding Announcement: RFA-AT-24-010

Project Title: COMPASS: Concepts and Ontologies to Model Physiology Across Systems and Scales

Project Period: 07/01/2025-06/30/2030

UMN Contact PI: Rui Zhang

Role: Clinical Subject Matter Expert for Physiome Mapping and Prototyping

Consultant, Mind, Machine and Motor Nexus (M3X) Program, "Collaborative Research: Understanding, Modeling, and Optimizing Co-Robotization in Construction by Cognitive Profiling and Co-Learning"

Duration: 3 year project (NSF)

### **Previous Submissions:**

2019 National Science Foundation, RCN-UBE: Sustainable partnership for enrichment of undergraduate physiology education, \$500,000

### **Previous External Funding:**

04/01/10-03/31/13 1 F32 DK84624-01A1, NIH NRSA NIDDK, Role of the carotid bodies in glucose homeostasis in humans, \$39,756 (2010), \$43,476 (2011)

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- 10/01/09-10/01/11 NIH, Clinical Loan Repayment Grant, Role of the carotid bodies in glucose homeostasis in humans, \$25,000
- 04/01/08-03/31/10 T32 DK 07352, NIH Institutional Training Grant Diabetes and Metabolism, Role of carotid bodies in glucose homeostasis in humans, \$39,996
- 07/01/05-07/01/07 American Heart Association Predoctoral Fellowship, "Elucidating a role of cardiac norepinephrine transporter in hypertension", \$52,000

Previous Internal Research Funding:

- 09/03/07-09/17/07 Chronic Disease Fellowship, College of Natural Sciences, Michigan State University, "Evaluation of antibody specificity using 3H-nisoxetine binding in cardiac membranes", \$2500
- 07/15/07-09/15/07 Dissertation Completion Fellowship, College of Natural Sciences, Michigan State University, "Elucidating a role of cardiac norepinephrine transporter in hypertension", \$6000

Previous Internal Education Funding:

- 2015-16 Teaching Learning and Education (TLE) Funding for development of PSL 311L, \$125,000
- 2015-16 Teaching Learning and Education (TLE) Funding for enhancement of PSL 475 teaching to incorporate human and systems physiology laboratory experiences, College of Natural Sciences, Michigan State University, \$129,953
- 2014-15 Teaching Learning and Education (TLE) Funding for enhancement of PSL 475 teaching to incorporate human and systems physiology laboratory experiences, College of Natural Sciences, Michigan State University, \$18,573
- 2013-14 Teaching Learning and Education (TLE) Funding for enhancement of PSL 475 teaching to incorporate human and systems physiology laboratory experiences, College of Natural Sciences, Michigan State University, \$253,733
- 2012-13 Teaching Learning and Education (TLE) Funding for enhancement of PSL 475 teaching to incorporate human and systems physiology laboratory experiences, College of Natural Sciences, Michigan State University, \$156,000

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- 2017 Community-Engaged Teaching Scholarship, Using an annual large-scale community-engaged teaching event to establish partnerships with local schools and the community, \$5000
- 2017 Arnold & Mabel Beckman Foundation Scholars Program Grant, \$66,720
- 2017 Teaching Learning and Education (TLE) Funding for updates to teaching lab computers, \$8197

## PUBLICATIONS

### Magazine Features

Interviewed for feature story about student mental health, "Taking Its Toll: Mental health crisis overwhelms college campuses, as students and professors feel the burden", The Physiologist, July 2023 <https://www.physiology.org/publications/news/the-physiologist-magazine/2023/july/taking-its-toll?SSO=Y>

"Western alumna named Distinguished Educator of the Year", Western Michigan University Alumni Magazine, Sept 2022 <https://wmich.edu/news/2022/09/69144>

Magazine Cover and main article, "The Undergraduate Physiology Boom", The Physiologist Magazine, May 2020 <https://www.physiology.org/publications/news/the-physiologist-magazine/2020/may-landing?SSO=Y>

The Last Word Editorial: Physiology: Dying...or Thriving?, (pg 40), The Physiologist Magazine, September 2019, <https://www.physiology.org/publications/news/the-physiologist-magazine/2019/september?SSO=Y>

### Special Collections

Co-organized a 14 paper Special Collection for Advances in Physiology Education from the Physiology Majors Interest Group on physiology undergraduate education <https://journals.physiology.org/action/doSearch?AllField=p-miq>

### Book Chapters

1. Erica A. Wehrwein, Hakan S. Orer, and Susan M. Barman. Overview of the Anatomy, Physiology, and Pharmacology of the Autonomic Nervous System, Comprehensive Physiology, 2016
2. Thomas E. Dick, Yee-Hsee Hsieh, Rishi R. Dhingra, David M. Baekey, Roberto F. Galán, Erica Wehrwein, Kendall F. Morris. Cardiorespiratory Coupling: Common Rhythms in Cardiac, Sympathetic and Respiratory Activities. Progress in Brain Research: Breathing, Emotion and Evolution, 2014
3. Wehrwein EA, Joyner MJ. Regulation of blood pressure by the arterial baroreflex and autonomic nervous system. Handb Clin Neurol. 2013
4. EA Wehrwein and MJ Joyner, Cardiovascular Methods: General Considerations for Human Studies, Ch 33 in Essential Guide to Reading Biomedical Papers, 2013

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5. EA Wehrwein and MJ Joyner, Measuring Cardiac Output in Humans, Ch 34 in Essential Guide to Reading Biomedical Papers, 2013
6. EA Wehrwein and MJ Joyner, Measuring Peripheral Blood Flow in Humans, Ch 35 in Essential Guide to Reading Biomedical Papers , 2013
7. EA Wehrwein and MJ Joyner, "Arterial Baroreflex: What king, how many?", Handbook of Clinical Neurology, 2011

### **INVITED EDITORIALS**

8. Erica A Wehrwein, Physiology: Dying...or Thriving?, The Physiologist Magazine, September 2020
9. Michael J Joyner, Jacqueline K Limberg, **Erica A Wehrwein**, and Blair D Johnson, Role of the Carotid Body Chemoreceptors in Glucose Homeostasis and Thermoregulation in Humans, Journal of Physiology 2018 Aug;596(15):3079-3085.
10. **Wehrwein EA**. Setting national standards for physiology undergraduate degree programs. Adv Physiol Educ 2018 Mar 1;42(1):1-4
11. Silverthorn D, Carroll R, and **Wehrwein EA**. Undergraduate and Medical School Physiology Education in the United States. Physiology (Bethesda). 2017
12. **Wehrwein EA**. Physiology is Alive and Well. Just ask an undergraduate student. The Physiologist, Vol 59, No 6, Nov 2016
13. **Wehrwein EA**, Carter JR. The Mind Matters: Psychology as an Overlooked Variable Within Physiology Studies. Physiology (Bethesda). 2016 Mar;31(2):74-5. doi: 10.1152/physiol.00059.2015.

### **ISPY PHYSIOLOGY ARTICLES (Lay Press Release sponsored by APS)**

14. Blue spaces: the surprising health benefits of being near water, July 31, 2024
15. Change Your Mindset—You May Improve Your Health!, Jan 4 2023
16. Floating: How Sensory Deprivation Can Improve Wellness, Jan 14, 2022
17. Smile Rx: A Smile a Day Can Go a Long Way, April 2021
18. The Healing Power of Nature, July 2020
19. The Power of Gratitude to Improve Mental and Physical Wellness, May 2020
20. Physiology Is Alive and Well, Just Ask an Undergraduate Student, August 2016

### **PEER REVIEWED PUBLICATIONS**

21. Samantha Musso, Stephen Elmer, and Erica Wehrwein, Health in Translation: A Workshop Model for Health Literacy and Lay Science Communication," Adv Physiol Educ. 2026 Jun 1;50(2):365-369. doi: 10.1152/advan.00324.2025. Epub 2026 Feb 16. PMID: 41696779
22. Erica Wehrwein, Who Will Teach Physiology? The Growing Shortage of Physiology Generalists, Who will teach physiology? The growing shortage of physiology generalists. Adv Physiol Educ. 2026 Jun 1;50(2):361-362. doi: 10.1152/advan.00321.2025. Epub 2026 Feb 16. PMID: 41696760

\*\*\*This article has been chosen for the APS Spotlight Cover Program

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23. Alyssa Vadovsky, Keeler Steele, and Erica Wehrwein, Integration of Professional Competency Development in a Physiology Capstone Curriculum, *Advances in Physiology Education*, In Press, March 2026
24. Luís Monteiro Rodrigues\* , MSc, PhD, João Gregório, MSc, PhD, **Erica Wehrwein**, PhD. Contemporary views on the future of physiology—a report from the 2019 P-MIG focus group, *Front. Physiol.*, 06 June 2023
25. Rael B, Alfaro-Magallanes VM, Romero-Parra N, Castro EA, Cupeiro R, Janse de Jonge XAK, **Wehrwein EA**, Peinado AB. Menstrual Cycle Phases Influence on Cardiorespiratory Response to Exercise in Endurance-Trained Females., *Int J Environ Res Public Health*. 2021 Jan 20;18(3):860. doi: 10.3390/ijerph18030860. PMID: 33498274
26. WH. Barnett, DM. Baekey, JFR. Paton, TE. Dick, **EA. Wehrwein\***, and YI Molkov, Heartbeats entrain breathing via baroreceptor-mediated modulation of expiratory activity, *Experimental Physiology*, *Exp Physiol*. 2021 May;106(5):1181-1195. doi: 10.1113/EP089365. Epub 2021 Apr 1. PMID: 33749038 (\*Co-Senior Authorship)
27. Aguilar-Roca N, Crecelius A, McFarland J, Rogers J, Stanescu C, **Wehrwein EA**. Where do we go from here: a forward thinking vision for physiology undergraduate degree programs. *Advances in Physiology Education*, Dec 2020.
28. Anderson L, Rogers J, Stanescu C, VanRyn V, **Wehrwein EA**. What Draws Physiology Educators to the Physiology Majors Interest Group: Results from Pre and Post Conference Surveys. *Advances in Physiology Education*, Dec 2020.
29. Rogers J, McFarland J, Stanescu C, Crosswhite P, Crecelius A. The 2019 P-MIG student survey and capturing the undergraduate perspective of physiology programming. *Advances in Physiology Education*, Dec 2020.
30. Stanescu C, **Wehrwein EA**, Anderson L, Rogers J. Evaluation of Core Concepts of Physiology in Physiology Curricula: Results from Faculty Surveys. *Advances in Physiology Education*. Dec 2020.
31. Steele K, VanRyn V, Stanescu C, Rogers J, **Wehrwein EA**. Student career aspirations, employment paths, and perceptions on career preparation in undergraduate physiology programs. *Advances in Physiology Education*. Dec 2020.
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33. **Wehrwein EA**, Stanescu C, Osborne J, Crecelius A, Rogers J. It takes a village: Stakeholders, national curricular guidelines, and efforts to strengthen physiology undergraduate education. *Advances in Physiology Education*. Dec 2020.
34. Barnett WH, Latash EM, Capps RA, Dick TE, **Wehrwein EA**, Molkov YI. Traube-Hering waves are formed by interaction of respiratory sinus arrhythmia and pulse pressure modulation in healthy men. *J Appl Physiol* (1985). 2020 Nov 1;129(5):1193-1202. doi: 10.1152/jappphysiol.00452.2020. Epub 2020
35. **Wehrwein EA**, VanRyn V, Kelly K. Degree requirements of physiology undergraduate programs in the Physiology Majors Interest Group (P-MIG). *Advances in Physiology Education*.

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37. VanRyn, V, Poteracki J and **Wehrwein EA**. "Win-win: utilizing undergraduate honors college credits in support of sustainable department outreach programs." *Adv Physiol Educ*. 2018 Dec 1;42(4):718-719. doi: 10.1152/advan.00041.2018
38. VanRyn, V and **Wehrwein, EA**. "Building Community by Serving the Community". *Adv Physiol Educ*. 2018 Jun 1;42(2):247-250. doi: 10.1152/advan.00052.2017.
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40. VanRyn, V, Fenn, J and **Wehrwein, EA**. "Show me the beat! A kinesthetic activity for teaching undergraduates the relationships between cardiac electrical rhythm and contractile patterns". *Adv Physiol Educ*. 2018 Jun 1;42(2):240-241. doi: 10.1152/advan.00151.2017
41. VanRyn VS, Poteracki JM, **Wehrwein EA**. Physiology undergraduate degree requirements in the U.S. *Adv Physiol Educ*. 2017 Dec 1;41(4):572-577.
42. Valerie VanRyn, Jennifer Rogers, Jeffrey Osborn, Claudia Stanesco, and **Erica Wehrwein**. Report from the Inaugural Physiology Majors Interest Group Meeting, *The Physiologist*, Vol 60, No 6, Nov 2017
43. VVanRyn, **EA Wehrwein**, and SM Barman, Michigan Physiological Society Introduces an Undergraduate Physiology Quiz Team Competition at Their Annual Meeting, *The Physiologist*, Vol 60, No 6, Nov 2017
44. Steury MD, Poteracki JM, Kelly KL, Rennhack J, **Wehrwein EA**. Hypothesis-driven laboratories: an innovative way to foster learning in physiology laboratory courses. *Adv Physiol Educ*. 2016 Mar;40(1):129-33. doi: 10.1152/advan.00095.2015.
45. Kelly KL, Poteracki JM, Steury MD, **Wehrwein EA**. "Physiology in the News": using press releases to enhance lay communication and introduce current physiology research to undergraduates. *Adv Physiol Educ*. 2015 Sep;39(3):248-9. doi: 10.1152/advan.00113.2014.
46. Steury MD, Poteracki JM, Kelly KL, **Wehrwein EA**. Perspectives of physiology as a discipline from senior-level millennial-generation students. *Adv Physiol Educ*. 2015 Sep;39(3):240-1. doi:10.1152/advan.00104.2014.
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52. **Wehrwein EA**, Yoshimoto M, Guzman P, Shah A, Kreulen DL, Osborn JW. Role of cardiac sympathetic nerves in blood pressure regulation. *Auton Neurosci*. 2014 Jul;183:30-5. doi: 10.1016/j.autneu.2014.02.005. Epub 2014 Mar 1.
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56. **EA Wehrwein**, Ananda Basu, Timothy B Curry, Robert A Rizza, Rita Basu, and Michael J Joyner. Do the Carotid Bodies Modulate Hypoglycemic Counterregulation and Baroreflex Control of Blood Pressure In Humans?, *Arterial Chemoreception: From Molecules to Systems*; ISAC 2011 conference proceedings (Editor Colin Nurse), Sept 2011
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59. **Wehrwein EA**., Comments on Point: Counterpoint. The dominant contributor to systemic hypertension: chronic activation of the sympathetic nervous system vs activation of intrarenal renin-angiotensin system. Carotid stimulation studies support a prominent role for the sympathetic nervous system. *J Appl Physiol* 109(6), Dec 2010
60. BJ Taylor, PR Woods, and **EA Wehrwein**. Modulation of the central chemoreflex magnitude by the peripheral chemoreceptors: A hyperadditive effect or are we barking up the wrong tree?, *J Physiol* 588(pt 24), Dec 2010
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**PUBLISHED REPORTS**

73. Valerie VanRyn, Jennifer Rogers, Jeffrey Osborn, Claudia Stanescu, and **Erica A Wehrwein** Report from the Inaugural Physiology Majors Interest Group Meeting, *The Physiologist*, Vol 60, No 6, Nov 2017
74. Valerie VanRyn, **Erica A. Wehrwein**, and Susan M. Barman, Michigan Physiological Society Introduces an Undergraduate Physiology Quiz Team Competition at Their Annual Meeting, *The Physiologist*, Vol 60, No 6, Nov 2017
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**ABSTRACTS AND POSTER PRESENTATIONS**

1. Zal Chinoy and Erica Wehrwein, Practicing clinical lay communication skills in an undergraduate physiology laboratory course using complementary and alternative medicine therapy recommendations, Michigan Physiological Society Mid-Year Symposium, February 2025
2. Hanna Peterson and Erica Wehrwein, Career and professional development in an undergraduate science laboratory course, MSU Teaching and Learning Knowledge Sharing Conference, May 2025
3. Samantha Musso, Ally Hopman, Kirstin Parkin, and Erica Wehrwein, The Impact of Prior Communication Experience on Achieving Health Literacy Recommendations, MSU FAST Fellows Symposium, April 2025
4. Keeler Steele, and Erica Wehrwein, "Career Next Steps": incorporating job or graduate/professional school application preparation into a capstone physiology lab course, APS Summit April 2025
5. Jackson Joseph, Hanna Peterson, and Erica Wehrwein, Integrating Professional Skills and Career Readiness into Physiology Undergraduate Education: A Capstone Laboratory Course Model, Michigan State University Department of Physiology, Michigan Physiological Society Annual Meeting, June 2025
6. E.G. Zblewski, L.C. Merem, B.A. Lattner, R.N. Woodard, E.A. Wehrwein, Insights from social media discourse: Themes and quality of medical information on TikTok #POTS, Michigan Physiological Society Annual Meeting, June 2025
7. Zal Chinoy, Kevin Kelly, and Erica Wehrwein, Beyond the Breath: Prolonged Vasodilatory Effects of a 20-Minute Slow Deep Breathing Session, Michigan Physiological Society Annual Meeting, June 2025
8. Harrison A Feber, Zal Z Chinoy, and Erica A Wehrwein, Training Pre-Health Undergraduates in Patient-Centered Communication Through a Complementary and Alternative Medicine Recommendation Assignment, Michigan Physiological Society Annual Meeting, June 2025
9. Eva Conley and Erica Wehrwein, Where physiology lives: A snapshot of undergraduate programs in North America, Michigan Physiological Society Annual Meeting, June 2025
10. Ally Hopman, Samantha Musso, Kirstin Parkim, and Erica Wehrwein, From the lab to the layperson: Communication gaps in pre-health student science presentations and

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relationships to presenter demographics, Michigan Physiological Society Annual Meeting, June 2025

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12. Eva Conley and Erica Wehrwein, Where the Physiology Path Begins: Mapping Undergraduate Degree Programs Across North America Using a Comprehensive Database Approach, Physiology Majors Interest Group, August 2025
13. Samantha Musso, Ally Hopman, Kirstin Parkin, and Erica Wehrwein, Science Simplified: Training Undergraduates to Bridge Health Communication Gaps, SABER/AAS
14. Keeler Steele, Bill Wonderlin, and Erica Wehrwein, Incorporating Concept Maps into Physiology Laboratory Protocols to Support Content Mastery, APS Summit 2024
15. Emma G. Zblewski, Lourdes C. Merem, Brooke A. Lattner, Rain N. Woodard, Lydia K. Podlesak, Erica A. Wehrwein. Insights from social media discourse: themes and quality of medical information on TikTok #POTS, American Autonomic Society 2024
16. Keeler Steele, Bill Wonderlin, and Erica Wehrwein, Not all those who wander are lost. Students appreciate using concept maps in class as a hands-on illustrative approach to content. P-MIG 2024
17. Erica Wehrwein\*, John Zubek, Shanaz Masani, and Keeler Steele, Integration of career development and professional skills across the curriculum in an undergraduate Physiology program and in non-majors courses in the department, P-MIG 2024
18. Keeler Steele, and Erica Wehrwein, "Career Next Steps": incorporating job or graduate/professional school application preparation into a capstone physiology lab course, APS Summit 2025 (submitted fall 2024)
19. Keeler Steele, Lauren Lambert, Rhian Soloman, Shahnaz Masani, and Erica Wehrwein. Student self-efficacy scores improve on twelve career skills with weekly professional skills development assignments in a senior physiology laboratory course. PMIG, 2023
20. Erica A Wehrwein\* and Keeler Steele, "Use of an Individual Development Plan assignment for career development in a senior physiology undergraduate laboratory course, PMIG 2023

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22. Yvonne Ogradzinski, Valerie VanRyn, James Poteracki, Erica A Wehrwein, A Model for a Departmental Physiology Outreach Program, Experimental Biology Poster 2020
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25. Stanescu CI, J Rogers, and EA Wehrwein. Results from Faculty Surveys on Core Concepts of Physiology. Physiology Majors Interest Group Annual Conference, June 2019.
26. Devin Wilhelm, Maria Green, and Kenny Isufi, Erica Wehrwein, "Cardiovascular effects of coupled hyperventilation and acute hyperglycemia", MID-SURE 2019
27. Brandon Llewellyn, Rosalyn Bloch, and Erica Wehrwein, "Assessing cardiopulmonary synchrony between romantic couples", MID-SURE 2019
28. Ryan Hunt, Max Macgregor, and Erica Wehrwein, "Caffeine intake may affect diabetics and endurance athletes.", MID-SURE 2019
29. Nazareno RE, Canfield JL VanRyn VA and Wehrwein EA, Altering conventional CPR training to expand to larger audience, , Michigan Physiological Society 2019
30. Keeler Steele, Valerie VanRyn, & Erica Wehrwein Student's Perceptions of professional Skill Competencies Improved by Participating in PSL 475L Capstone Laboratory in Physiology. Michigan Physiological Society 2019
31. Ivan Rakic, Sreekar Malempati, The effects of salt and glucose on blood pressure and blood glucose levels, UURAF MSU 2019
32. Brianna Sholte and Reagan Dehnbostel, Stress responses exhibited when political ideology is challenged, UURAF MSU 2019
33. Valerie S VanRyn, Whitney Symons, Kaylie Chiles, and Erica A Wehrwein, HI-Tech: Helping Integrate Technology in the Local Community, MSU PSL Department Retreat, May 2019
34. VanRyn VA, Nazareno RE, Canfield JL and Wehrwein EA, Making Conventional CPR Training Cuddler to Engage Children, MSU PSL Department Retreat, May 2019
35. Zubek, J., Wehrwein, E., Denison, A., Luckie, D., Mohr, S., Root-Bernstein, Shaltry, C. Initiative Status of the Newly Formed Education Development Committee and Subcommittee Directives, MSU PSL Department Retreat, May 2019

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41. Claudia Stanescu, Valerie VanRyn, Jennifer Rogers, Jeffrey Osborn, and Erica Wehrwein. "Current State of Physiology Undergraduate Degree Programs and Curricula: Survey Results from the Physiology Majors Interest Group Inaugural Meeting" – Experimental Biology 2018 Annual Conference
42. Valerie S VanRyn, Erica A Wehrwein, Susan M Barman, "Michigan Physiological Society introduces an undergraduate Physiology Quiz team competition at their annual meeting." – Experimental Biology 2018 Annual Conference
43. VanRyn and Wehrwein, "Building community by serving the community" – Experimental Biology Spring 2017 Annual Conference
44. VanRyn and Wehrwein, "Building community by serving the community" – Michigan Physiological Society Spring 2017 Annual Conference
45. V VanRyn, RJ Haag, JM Poteracki, M Steury and EA Wehrwein "A Model for Course-Based Service Learning to Enhance Undergraduate Student Engagement within the Community" - Michigan Physiological Society Spring 2016 Conference
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## **COURSEPACKS AND LAB MANUALS**

EA Wehrwein, "PSL 475 Laboratory Manual" (Jan 2012)

EA Wehrwein, "Mathematics, Science, and Technology for Gifted & Talented Students: Physiology Lab Manual" (July, 2004)

EA Wehrwein, "Research Methods and Design for the Natural Sciences Coursepack", Ronald McNair/SURF student coursepack (May, 2003)

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T. Shimamura, and EA Wehrwein. "Bios 350: Human Physiology Laboratory Manual. Fall 2000 (primary author of the following chapters: Units and Conversions, Sensory Physiology, Skeletal Muscle Physiology, Amphibian Heart, Human Cardiac Function, ECG, Respiratory Physiology)

**OTHER PUBLISHED RESOURCES**

Website:

[www.physiolgoymajors.org](http://www.physiolgoymajors.org)

LifeSci TRC:

VanRyn, V and Wehrwein, EA. "Building Community by Serving the Community". PhUn Week Poster Session EB 2017 (online). Life Science Teaching Resource Community, 2017.

**INVITED SEMINARS AND ORAL PRESENTATIONS**

Arrupe Virtual Learning Institute (home school co-op), Guest Lecturer, Medical Terminology and Career Explorations, February and October, 2025

Health in Translation: Communicating Medicine and Science to a Diverse Audience, St Catherine University Seminar, April 2025

Educator Conference Host and Emcee, APS Concept to Classroom Pre-Conference, American Physiological Society Summit, April 2025

Workshop lead, Core concepts and backwards design (undergraduate), APS Concept to Classroom Pre-Conference, American Physiological Society Summit, April 2025

Erica Wehrwein, Shanaz Masani, and John Zubek, Finding True North: Classroom-based Professional Development and Career Skills Development, American Physiological Society Summit, April 2025

1st Annual Anne R. Crecelius High Impact Scholar Award Presentation, Teaching Section Dinner Address, American Physiological Society Summit, April 2025

Panelist, APS Exercise & Environmental Physiology Teaching Career Panel, American Physiological Society Summit, April 2025

Health in Translation: Communicating Medicine and Science to a Diverse Audience, PSL Retreat May 2025

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Facilitator, PSL retreat, Career and Professional Skills Discussion

Welcome Address, Physiology Majors Interest Group Conference, Aug 2025

Update from the American Physiological Society's Center for Physiology Education, Physiology Majors Interest Group Conference, Aug 2025

How many physiology programs are there?, Physiology Majors Interest Group Conference, Aug 2025

Where the Physiology Path begins: Mapping Undergraduate Degree Programs Across North America Using a Comprehensive Database approach, Physiology Majors Interest Group Conference, Aug 2025

Erica Wehrwein and John Halliwill, What is Program Review and How Can it Benefit Your Program? Physiology Majors Interest Group Conference, Aug 2025

Erica Wehrwein, Elise Donovan, and Dax Ovid, PMIG Strategic Planning Physiology Majors Interest Group Conference, Aug 2025

Closing Address and Meeting Summary, Physiology Majors Interest Group Conference, Aug 2025

"Building Your Mental Health Toolkit to Maximize Resiliency Skills", P-MIG 2024 Keynote Presentation

"P-MIG: Welcome Address and Conference Agenda", P-MIG 2024

"P-MIG: Where do we go from here?", P-MIG 2024

Integration of career development and professional skills across the curriculum in an undergraduate Physiology program and in non-majors courses in the department, P-MIG 2024

Current trends to improve physiology teaching and learning in the USA, XXIII Meeting of the Federation of European Physiological Societies and XLI Meeting of the Spanish Society for Physiological Sciences 2024 Education Track Keynote (International)

Effective public engagement with physiology, Michigan Physiological Society Mid-year symposium Keynote 2024

Teaching beyond the facts: The importance of student career and professional skills development, 2024 American Physiological Society Summit Main Stage Presentation (Co-presented with Zubek and Steele). (\*Main stage talks are invited by the Society and featured in the main exhibit hall rather than part of the standard conference program)

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In memorial: Anne R Crecelius High Impact Scholar Award, 2024 American Physiological Society Educator Conference

In memorial: Anne R Crecelius High Impact Scholar Award, 2024 American Physiological Society Teaching Section Dinner Presentation

“Use of an Individual Development Plan assignment for career development in a senior physiology undergraduate laboratory course, PMIG 2023

“P-MIG: Where do we go from here?”, PMIG 2023

“History of the Michigan Physiological Society: 2014-2016” MPS 10 year Anniversary Conference, 2023

“Building Your Mental Health Toolkit to Maximize Resiliency Skills”, APS Summit 2023

New strategic direction in the USA to improve physiology teaching and learning, Portuguese Physiological Society, Nov 2022

There and back again, a physiologist's tale, Western Michigan University Alumni Achievement Award, Oct 2022

Nov 2021, Expanding science course instruction beyond “just the facts”: What else should we be teaching our students?, Western Michigan University Dept of Biological Sciences Seminar

Oct 2021, Professional Development for Undergraduate Students, Physiology Society Club Presentation

April 2021, Speaker, Panel Moderator, “Using History of Physiology in Teaching About Science as a Research Endeavor”, Experimental Biology, 2021

March 2021, Those who can teach, should: Choosing and preparing for a fulfilling teaching career, University of Missouri Dept Seminar

February 2019, University of Georgia Seminar, Trends and Program Requirements for Physiology Undergraduate Degree Programs

April 2019, Experimental Biology Conference, Lead Speaker and Moderator for Physiology Majors Interest Group Networking Session, APS Education Sponsored Session

May 2019, Human Anatomy and Physiology Society, Curriculum, Core Concepts, and Cooperation: Physiology Majors Interest Group

June 2019, Physiology Majors Interest Group Conference, Two talks and Discussion Moderation

1. Conference Welcome and Introduction
2. Society Organization and Structure

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February 2018, University Of Louisville. National Trends and Program Requirements for Physiology Undergraduate Degree Programs in the U.S.

February 2018, University of Oregon, Expanding course instruction beyond “just the facts”: What else should we be teaching our students and how to do it?

April 2018, Experimental Biology Conference, Lead Speaker and Moderator for Physiology Majors Interest Group Networking Session, APS Education Sponsored Session

May 2018 MSU Teaching and Learning Spring Conference, Teaching and Assessing Professionalism in the College Classroom. Is it our Job?.(Co-Presented with Denison, Paganini, Seischab, Shaltry, Zubek)

May 2018, Human Anatomy and Physiology Society Conference, Teaching and Assessing Professionalism and Employability Skills in the College Classroom: Is it our job? (Co-present with John Zubek)

June 2018, Physiology Majors Interest Group Conference, Three talks and Discussion Moderation

1. Conference Welcome and Introduction
2. Society Organization and Structure
3. Teaching beyond the facts: What else do we need to teach our students?

September 2018, Iowa Physiological Society Conference Keynote Speaker, Expanding course instruction beyond “just the facts”: What else should we be teaching our students and how to do it?

December 2018, Association of Chairs of Departments Of Physiology Annual Meeting, Two talks

1. Update Presentation on the Physiology Majors Interest Group
2. Core Concepts In Physiology (Co-present with Jen Rogers, U Iowa)

Invited Talk, "What's in an physiology undergraduate degree?: Setting national curricular standards" Human Anatomy and Physiology Society, 2017

Dissecting a teaching job ad, APS Career Symposium, Experimental Biology 2017

Workshop Leader, Creating National Curriculum Guidelines for Undergraduate Physiology Education. Two-day workshop. Association of Chairs of Departments of Physiology Annual Meeting, December 2016

Workshop Co-organizer, Establishing Core Concepts for Undergraduate Physiology Education. Two-day workshop. Association of Chairs of Departments of Physiology Annual Meeting, December 2016

**ERICA A WEHRWEIN, PhD**

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Having PhUn with Physiology!, Michigan Technological University, Sept 2016

Department Consultation and Workshop, Best Practices for Teaching Evaluation and Portfolios for Undergraduate Faculty. Michigan Technological University, Sept 2016

Department Consultation, Best Practices for Community Engagement in Physiology. Michigan Technological University, Sept 2016

Effective public engagement with Physiology: A model for course-based service learning to enhance undergraduate student engagement with the community. APS-TPS Joint Meeting, Dublin, Ireland, July 2016

The effect of yogic breathing techniques on respiratory-sympathetic coupling: relationship to blood pressure regulation and psychological metrics. The International Research Congress on Integrative Medicine and Health (IRCIMH) Conference, June 2016

Workshop Leader, Physiology Undergraduate Education and Assessment 2 hour Workshop, APS Institute for Teaching and Learning, June 2016

Transforming Teaching Beyond Content: Incorporation of experiential learning for development of critical thinking and employability skills. University of Michigan Dept. of Physiology Seminar, May 2016

Integrative studies in human subjects: Interactions of peripheral chemoreflex and glucose homeostasis, and respiratory-sympathetic coupling in yoga breathing, MSU Physiology Department Seminar, May 2016

Meeting Welcoming Address, Michigan Physiology Society, May 2016

State of the Society, Michigan Physiology Society, May 2016

Career Panel Organizer and Moderator, Michigan Physiology Society, May 2016

Meeting Welcoming Address, Michigan High School Teaching Physiology Workshop, May 2016

The Mind Matters: Psychology as an Overlooked Variable in Autonomic Physiology, Experimental Biology April 2016

Workshop Leader, Physiology Majors Interest Group Networking Session, Experimental Biology April 2016

Department Consultation and Workshop, Undergraduate Physiology Curriculum. University Michigan, 2015

EA Wehrwein, Undergraduate physiology curriculum workshop, Association of Chairs of Departments of Physiology, 2015

EA Wehrwein, Learning objectives for certification of undergraduate physiology programs workshop, Association of Chairs of Departments of Physiology, 2015

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EA Wehrwein, "Get a job: Build the Skills Employers Want", APS Physiology and Gender Conference, 2015

EA Wehrwein, "Expanding course instruction beyond "just the facts": what else should we be teaching our students, University of Oregon, 2015

EA Wehrwein, Panelist on Writing Letters of Reference, University of Oregon, 2015

EA Wehrwein, "Physiology career advising - What will all those physiology graduates do?", Experimental Biology, 2015

EA Wehrwein, "The Physiology Curriculum - What should be in at the undergraduate level, and what should be out?", Experimental Biology, 2015

EA Wehrwein, Interactions of peripheral chemoreceptors and ventilation on integrated physiological outcomes in human subjects, Wayne State Departmental Seminar Dec 2014

EA Wehrwein, Immediate effects of Yoga breathing on stress hormones, sympathetic nerve activity, and blood flow, FASEB Summer Conference 2013

EA Wehrwein, Does chemoreceptor dysfunction mediate changes in glycemic control, blood pressure regulation, and cardio-vagal tone in humans? IUPS 2013

EA Wehrwein Guest Lecturer, MSU Pre-Professional Society, Know your options: how to find career and mentoring resources for physiology undergraduates, Nov 2012

EA Wehrwein Guest Lecturer, MSU Physiology Society, Know your options: how to find career and mentoring resources for physiology undergraduates, Oct 2012

EA Wehrwein Guest Lecturer, MSU Physiology Society, Know your options: how to find career and mentoring resources for physiology undergraduates Jan 2012

EA Wehrwein, Is blood pressure control in humans mediated by the peripheral chemoreceptors? Experimental Biology, 2011

EA Wehrwein, Novel insight into blood sugar regulation in humans: interactions with oxygen and peripheral chemoreceptors, Western Michigan University, Nov 2010

EA Wehrwein, Novel role for the peripheral chemoreceptors in regulating blood glucose, International Symposium on the Autonomic Nervous System, Nov 2010

EA Wehrwein, Novel sites for glucose sensing and regulation: Are the carotid bodies key players in hypoglycemic counterregulation?, Mayo Clinic Endocrine Research Unit Department Seminar, Oct 2010

EA Wehrwein, Novel sites for glucose sensing and regulation: Are the carotid bodies key players in hypoglycemic counterregulation?, Mayo Clinic Physiology & Biomedical Engineering Department Seminar, June 2010

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EA Wehrwein, Navigating the Experimental Biology Meeting, Undergraduate Orientation at Experimental Biology, 2008-2010

EA Wehrwein, Autonomic and Exercise Testing in Healthy Adults Before and After Endoscopic Thoracic Sympathotomy for Hyperhidrosis, International Symposium on the Autonomic Nervous System, Penaz-Wessling Award Talk, Nov 2009

EA Wehrwein, Novel sites for glucose sensing and regulation: Are the carotid bodies key players in hypoglycemic counterregulation?, Mayo Clinic Endocrine Research Unit Metabolism and Diabetes Interest Group, Aug 2009

EA Wehrwein, "Elucidating a role for norepinephrine transporter in hypertension", Dissertation Defense Departmental Seminar, 2008

EA Wehrwein, LM Parker, M Esfahanian, and DL Kreulen, Stellate Ganglionic Norepinephrine Transporter (NET) mRNA from Hypertensive Rats is Unchanged while NET Protein is Increased in Left Stellate Ganglia, FASEB Summer Conference: Neural Control of the Cardiovascular System. July 2007

EA Wehrwein, M Esfahanian, SP Sharma, JM Spitsbergen, V Mocko, M Novotny, GM Swain, and DL Kreulen. Norepinephrine transporter mRNA is present within sympathetic nerve terminals of the heart, 17th International Symposium on the Autonomic Nervous System, Highlights from the Poster Session Award Talk, November 2006

EA Wehrwein, AA Wright, GD Fink, and DL Kreulen. "Characterization of the cardiac norepinephrine transporter in normotensive and hypertensive rats", Michigan Regional Hypertension Conference, October 2005

EA Wehrwein, "Elucidating a role for norepinephrine transporter in hypertension", Dissertation Proposal Departmental Seminar, May 2004

EA Wehrwein, CA Northcott, RD Loberg, SW Watts. "Rho/Rho kinase and phosphoinositide 3-kinase are parallel pathways in the development of spontaneous arterial tone in deoxycorticosterone acetate-salt hypertension". Experimental Biology 2004, Washington D.C.

EA Wehrwein, "Graduate Student Life at Michigan State University", Invited Speaker for Kent State University campus visit to Michigan State University, July 2003

EA Wehrwein, "Graduate Student Life at Michigan State University", Invited Speaker for University of Wisconsin-Whitewater campus visit to Michigan State University, June 2003

EA Wehrwein, and S.W. Watts. "Is the Rho/Rho-kinase pathway downstream of PI3-kinase?", Michigan Regional Hypertension Conference, April 2003

EA Wehrwein and J.M. Spitsbergen. "GDNF is regulated in an activity dependent manner in skeletal and cardiac muscle", Master's Thesis Defense Departmental Seminar, August 2002

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**Presentation on behalf of the APS Center for Physiology Education**

APS representative to present to stakeholder groups about progress with development of the Center

- APS Council-July Meeting
- APS Council-Fall Retreat
- APS Leadership Retreat
- APS Teaching Section Steering Committee x2
- APS Full Teaching Section
- APS Physiology Educators Committee x2
- APS Interim Advisory Board Quarterly Updates
- Association of Chairs of Departments of Physiology
- Physiology Majors Interest Group

**F1000 REVIEWS**

1. Gregory Fink and Erica Wehrwein 21 Feb 2014 Review of Regional differences in sympathetic activation in lean and obese normotensive individuals with obstructive sleep apnoea. Grassi G, Seravalle G, Brambilla G, Buzzi S, Volpe M, Cesana F, Dell'oro R, Mancia G. *J Hypertens*. 2014 Feb; 32(2):383-8
2. Gregory Fink and Erica Wehrwein 27 Nov 2013 Review of: Cardiorespiratory coupling of sympathetic outflow in humans: a comparison of respiratory and cardiac modulation of sympathetic nerve activity to skin and muscle. Fatouleh R, Macefield VG. *Exp Physiol*. 2013 Sep; 98(9):1327-36
3. Gregory Fink and Erica Wehrwein 20 Nov 2013 Review of Rostroventrolateral medullary neurons modulate glucose homeostasis in the rat. Verberne AJ, Sartor DM. *Am J Physiol Endocrinol Metab*. 2010 Nov; 299(5):E802-7
5. Gregory Fink and Erica Wehrwein 04 Jul 2013 Review of Chemohypersensitivity and autonomic modulation of venous capacitance in the pathophysiology of acute decompensated heart failure. Burchell AE, Sobotka PA, Hart EC, Nightingale AK, Dunlap ME. *Curr Heart Fail Rep*. 2013 Jun; 10(2):139-46
6. Gregory Fink and Erica Wehrwein 08 Feb 2013 Review of Spontaneous Bursts of Muscle Sympathetic Nerve Activity Decrease Leg Vascular Conductance in Resting Humans. Fairfax ST, Padilla J, Vianna LC, Davis MJ, Fadel PJ. *Am J Physiol Heart Circ Physiol*. 2013 Jan 4
7. Gregory Fink and Erica Wehrwein 18 Dec 2012 Review of Individual differences in the cardiovascular responses to tonic muscle pain: parallel increases or decreases in muscle sympathetic nerve activity, blood pressure and heart rate. Fazalbhoy A, Birznieks I, Macefield VG. *Exp Physiol*. 2012 Oct; 97(10):1084-92

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8. Gregory Fink and Erica Wehrwein 12 Sep 2012 Review of Sites of action of ghrelin receptor ligands in cardiovascular control. Callaghan B, et al. *Am J Physiol Heart Circ Physiol*. 2012 Aug 10
9. Gregory Fink and Erica Wehrwein 21 Jun 2012 Review of Comparison of blood pressure and sympathetic activity of rabbits in their home cage and the laboratory environment. Lim K, Burke SL, Armitage JA, Head GA. *Exp Physiol*. 2012 May 21
10. Gregory Fink and Erica Wehrwein 10 Apr 2012 Review of Sympathetic Neural Responses to 24-hour Sleep Deprivation in Humans: Sex Differences. Carter JR, Durocher JJ, Larson RA, Dellavalla JP, Yang H. *Am J Physiol Heart Circ Physiol*. 2012 Mar 9
11. Gregory Fink and Erica Wehrwein 29 Sep 2011 Review of Effects of renal sympathetic denervation on blood pressure, sleep apnea course, and glycemic control in patients with resistant hypertension and sleep apnea. Witkowski A, et al. *Hypertension*. 2011 Oct; 58(4):559-65
12. Gregory Fink and Erica Wehrwein 03 Jun 2011 Review of Altered sympathetic reflexes and vascular reactivity in rats after exposure to chronic intermittent hypoxia. Silva AQ, Schreihof AM. *J Physiol (Lond)*. 2011 Mar 15; 589(Pt 6):1463-76
13. Gregory Fink and Erica Wehrwein 16 Feb 2011 Review of The effects of weight loss versus weight loss maintenance on sympathetic nervous system activity and metabolic syndrome components. Straznicky NE, et al. *J Clin Endocrinol Metab*. 2011 Mar; 96(3):E503-8
14. Gregory Fink and Erica Wehrwein 05 Jan 2011. Review of Interactions between sympathetic nervous system and endogenous endothelin in patients with essential hypertension. Bruno RM, Sudano I, Ghiadoni L, Masi L, Taddei S. *Hypertension*. 2011 Jan; 57(1):79-84
15. Gregory Fink and Erica Wehrwein 26 Oct 2010. Insulin enhances the gain of arterial baroreflex control of muscle sympathetic nerve activity in humans. Young CN, Deo SH, Chaudhary K, Thyfault JP, Fadel PJ. *J Physiol (Lond)*. 2010 Sep 15; 588(Pt 18):3593-603
16. Gregory Fink and Erica Wehrwein 23 Aug 2010 Review of Tonic chemoreflex activation contributes to increased sympathetic nerve activity in heart failure-related anemia. Franchitto N, Despas F, Labrunée M, Roncalli J, Boveda S, Galinier M, Senard JM, Pathak A. *Hypertension*. 2010 Apr; 55(4):1012-7
17. Gregory Fink and Erica Wehrwein 20 Aug 2010 Review of Sustained suppression of sympathetic activity and arterial pressure during chronic activation of the carotid baroreflex. Lohmeier TE, Iliescu R, Dwyer TM, Irwin ED, Cates AW, Rossing MA. *Am J Physiol Heart Circ Physiol*. 2010 Aug; 299(2):H402-9
18. Gregory Fink and Erica Wehrwein 16 Mar 2010 Review of Carotid baroreceptor stimulation, sympathetic activity, baroreflex function, and blood pressure in hypertensive patients. Heusser K, et al. *Hypertension*. 2010 Mar; 55(3):619-26

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19. Gregory Fink and Erica Wehrwein 08 Jan 2010 Review of Phosducin influences sympathetic activity and prevents stress-induced hypertension in humans and mice. Beetz N, et al. J Clin Invest. 2009 Dec; 119(12):3597-3612
20. Gregory Fink and Erica Wehrwein 04 Jan 2010 Review of Renal sympathetic-nerve ablation for uncontrolled hypertension. Schlaich MP, Sobotka PA, Krum H, Lambert E, Esler MD. N Engl J Med. 2009 Aug 27; 361(9):932-4
21. Gregory Fink and Erica Wehrwein 21 Oct 2009 Review of Real-time imaging of the medullary circuitry involved in the generation of spontaneous muscle sympathetic nerve activity in awake subjects. Macefield VG, Henderson LA. Hum Brain Mapp. 2010 Apr; 31(4):539-49

### **PROFESSIONAL MEMBERSHIPS (CURRENT AND PAST)**

American Physiological Society Member (Primary Affiliate: Teaching Section, Other Affiliations: Neural Control and Autonomic Regulation, Exercise & Environmental)

Physiology Majors Interest Group

American Autonomic Society

Michigan Physiological Society

Human Anatomy and Physiology Society

American Heart Association

Society for Experimental Biology in Medicine

American Society for Pharmacology and Experimental Therapeutics

Midwest Chapter of the American College of Sports Medicine

### **RESEARCH COLLABORATORS**

Chris Pohlod, Autonomic Regulation with Dry Needling and Cranial Manipulation, Michigan State University

Ted Dick, Respiratory Sympathetic Coupling, Case Western

Jason Moser, Psychological impact on Physiological Outcomes, Michigan State University

Michael Joyner, Carotid body integrative function, Mayo Clinic

Paul Fadel and Laurro Vienna, Vascular conductance, University Missouri

Rob Brook, Respiratory Sympathetic Coupling, University Of Michigan

Robb Dunbar, University of Minnesota Rochester, physiology education research

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John W Osborn, University of Minnesota, stellate ganglionectomy survival surgery

Ming-he Huang, University of Texas Medical Branch, NET in situ hybridization in heart and ganglia, localization of NET to intrinsic cardiac adrenergic cells

John M Spitsbergen, Western Michigan University, neurotrophic factor measurements in the heart, regulation of norepinephrine transporter by neurotrophins, and imaging of rat cardiac sympathetic and sensory neurons

Gregory M Swain, Michigan State University, Norepinephrine measurements in the heart using capillary electrophoresis with electrochemical detection

Stephen E DiCarlo, Wayne State University, Research into Physiology Education

Beth A Habecker, Oregon Health and Sciences University, Nisoxetine binding in cardiac membranes

**TRAINEES AND MENTORED FACULTY**

Mentored Faculty

Aiganym Kazhibayeva, Visiting Educator Scholar from Uzbekistan, 2022

Education Project Mentees:

Samantha Musso  
Ally Hopman  
Eva Conley  
Keeler Steele  
Yvonne Ogradzinski  
Jackie Fenn  
Michael Steury  
Jonathan Rennhack  
Kevin Kelly

Master's Students:

Kevin Kelly, Michigan State University, BS/MS Student

Undergraduates Research Mentees: Formal:

Katie Kelly, Michigan State University  
Katelynn Adams, Michigan State University  
Brian Wegner, Michigan State University  
Lauren Newhouse, Michigan State University  
Humphrey Peterson-Jones, Michigan State University  
Siman Mand, Michigan State University PSL 490, SS13  
Justin Drobish, Michigan State University PSL 490, SS13  
Alex Allen, Mayo Clinic Summer Student, June-Aug 2010, June-August 2011

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Breann Kluck, Mayo Clinic Summer Student, June-Aug 2010, June-August 2011  
Sarah Landin, Winona State University, Fall 2009-Winter 2010  
Michelle Freeman, Winona State University, Fall 2009-Winter 2010  
John Roger Shepherd, Mayo Clinic Summer Student, Summer 2009-2010  
Alex Allen, Mayo Clinic Summer Student, Summer 2009-2010  
Mohammad Esfahanian, Michigan State University, Spring 2006-Summer 2008  
Carmen Affonso, Michigan State University, Fall 2006-Summer 2008  
Joshua D Mastenbrook, Michigan State University, Summer 2006  
Anna A Wright, Michigan State University, Spring 2005-Summer 2006  
Kory Johnson, Western Michigan University, Fall 2000-01  
Suzanne ML Richards, Western Michigan University, Spring 2001  
Eric M Roskelley, Western Michigan University, Spring 2000-01

PSL 475L Honors Project Students: Michigan State University

SS23: Hannah Rick, Tim Stokes, Lauren Katch, Kyle Manzella  
FS22: Klea Ahmet, Darla Washington, Hanna Peterson  
SS22: Andrew Vaniddekinge  
FS21: Alexandre Wolf, Rachel Dolce, Anna Kidwell, Andreas Comsa, Ayo Ifatorati, Rachel Dietz, Sarah Broida  
SS21: Anwar, Mahreen, Fenn, Shelby Danielle, Gerlach, Casey Anna, Kleinknecht, Paige Christina, Mitchelson, Riley, Forouzandeh, Arezu, Nolan, Peter Thomas, Morgan Lynch, Will Gadbois  
FS20: Matt Cederman, Greg Olsen, Kayley Irwin, Kennedy Franklin, Christina Gonzalez  
SS20: Agunbiade, Nasirudeen, Suryadevara, Abhijeet, Maini, Rijul Sarika  
FS19: Kymberli Maddox, Maggie Gilga, Logan Cole, Manthan Patel, Jack, Alex Tish, Megan Seyerle, Vince Nguyen  
SS19: Megan Colligan, Diana Morse  
FS 18: IVAN RAKIC, ROBBIE ALEXANDER, SATYA CHITTURI, SARAH POPOWOTZ, BROOKE ONWENU, ANNIE SAVKA, ABBY MEYER  
SS18: ERIKA TVEDTEN, SILVIA ALUIA, JACK BRODEUR, KAYLIE CHILES  
FS17: Yvonne Ogrodinski, Nicole Desmet, Ashley Summerton, Charnay Glass  
SS17: Lucas Wollenman  
FS 16: Jason Wisby, Abdul Yassin-Kassab, Luke Schichtel, Cameron Meyer, Blake Reynolds, John Shinnors  
US 16: Matin Arbab  
SS16: Ian Tiilikka  
FS15: Kotomi Obayashi, Lindsay Schichtel, Katy Schauer  
SS15: Tyler Bonkowski, Claire Baniel  
FS 14: Rachel Brock, Tom Mayer, Rachel Petersen, Alyssa Miller, Alicia Spees, Ryan Haag  
SS14: Kevin Wheelock, Monica Lapointe, Dhaval Ruwala, Kelly Fenn, Robert McGowan, Adam Hoffhines  
FS 13: Brittley Leppien, Dan Chapman  
SS13: Andrew Johnson, Caitlyn McCarthy

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FS12: Katelynn Andreen, Roshan Jain, Monika Bhatt, Margaux Hetzman, Rebecca Martin  
SS12: Erin DelBene, Sean Farley, Alex Borchert, Sean Benner, Shannon Doud

**ENTREPREURNEURIAL PROJECTS PSL 475:**

FS22 KLEA AHMET  
SS19 JESSICA SAADAH  
FS18 DAVID POSAWATZ  
SS18 ERIKA TVEDTEN

**Post-Baccalaureate, Medical Students, and Technicians:**

Keeler Steele, Michigan State University, 2021-present  
Yvonne Ogrodzinski, Michigan State University, 2019-present  
Valerie VanRyn, Michigan State University, 2016-2019  
Jake Pryzblyla, Michigan State University, 2014-2016  
James Poteracki, Michigan State University, 2013-2016  
Jennifer Taylor, Mayo Clinic, July 2011-Nov 2012  
Essa Mohammad, Mayo Clinic, Sept 2010-Nov 2012  
Sunny Caminero, Michigan State University, Fall 2006-Spring 2007  
Lindsay M Parker, Michigan State University, Spring 2006-Spring 2008

**Teaching Assistants:**

Course	Semester	Graduate Teaching Assistants	Undergraduate Prep Learning Assistant	Undergraduate and Postbacc Learning Assistants
PSL 475L	SS12	Derrick Feenstra Jonathan Kasper Satyaki Sengupta	Jamie Everett	
	US12	James Barger	Jamie Everett; Justin Drobish	
	FS12	Jonathan Kasper Satyaki Sengupta	Justin Drobish	
PSL 475L	SS13	Satyaki Sengupta Haritha Duraija	Justin Drobish	
	US13	James Barger	Justin Drobish	
	FS13	Jonathon Rennhack Michael Steury Chao Huang	Bhanu Swamy	
PSL 475L	SS14	Chao Huang Harshini Chakravarthy Julienne Brock	Bhanu Swamy	
	US14	James Barger	Bhanu Swamy; Fehiniti Akande	
PSL 439	US 14	Thomas Turkette		
PSL 475L	FS14	Sarah Keaton	Fehiniti Akande	

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		Natalie Pizzimenti		
PSL 475L	SS15	Jonathon Rennhack Natalie Pizzimenti Jacqueline Fenn	Fehiniti Akande	
	US15	Thomas Turkette	Fehiniti Akande	
PSL 439	US15	Thomas Turkette		
	FS15	Thomas Turkette Jacqueline Fenn	Ryan Haag	
PSL 475L	SS16	Thomas Turkette Michael Steury James Barger	Ryan Haag	
	US16	James Barger	Rachel Rick	
	FS16	Trevor Gohl Jacqueline Fenn	Rachel Rick	Alexis Lockett Lauren Williams
PSL 475L	SS17	Trevor Gohl James Barger	Rachel Rick	Lauren Williams Frances Greathouse Carolyn McDonnell
	US17		Rachel Rick	
	FS17	Bronson Gregory Trevor Gohl	Jeremy Bigalke	Jeremy Bigalke Carolyn McDonnell
PSL 475L	SS18	Trevor Gohl	Rachel Rick	Carolyn McDonnell Nicole Desmet
	FS18	Kait Durga Yvonne Ogrodzinski	Yvonne Ogrodzinski	Carolyn McDonnell Randi Rice Yvonne Ogrodzinski
PSL 475L	SS19	Kait Durga Yvonne Ogrodzinski	Yvonne Ogrodzinski	Carolyn McDonnell Keeler Steele Yvonne Ogrodzinski
	FS19	Kait Durga Yvonne Ogrodzinski	Hannah Zawisa	Keeler Steele Carolyn McDonnell Jake Canfield
PSL 475L	SS20	Kait Durga Yvonne Ogrodzinski	Hannah Zawisa	Keeler Steele Carolyn McDonnell Jake Canfield
PSL 475L	FS 20	Brett Trombley Meesum Syed	Keeler Steele	Keeler Steele Jake Canfield
PSL 475L	SS21	Brett Trombley Meesum Syed	Keeler Steele	Keeler Steele Jake Canfield Kayley Irwin Greg Olsen Matt Cederman Kennedy Franklin
PSL 475L	FS21	Brett Trombley Hannah Rudolph	Keeler Steele	Matt Cederman Kennedy Franklin Jackson Joseph Dana Josifoski

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				Wil Schikorra Lauren Jernstadt Ben Kessler
PSL 475L	SS22	Brett Trombley Bronson Gregory	Jackson Joseph	Alexandre Wolf Ben Kessler Dana Simon Kennedy Mesnard Jackson Joseph Michael Bekele Anna Kidwell Lauren Jernstadt
PSL 475L	FS22	Gokul Murali Alyssa Vadovsky	Lauren Jernstadt	Alexia Bowden Abby Brooks Gabbie Huhn Lauren Jernstadt Akanksha Kapur
PSL 475L	SS23	Gokul Murali Alyssa Vadovsky	Lauren Jernstadt	Harrison Nabors Donny Ellis Nicolette Wise Callie Rose
PSL 475L	FS23	Hanna Peterson	Hanna Peterson	
PSL 475L	SS24	Alyssa Vadovsky	Zal Chinoy	Zal Chinoy Hanna Peterson Tim Stokes
PSL 475L	FS24	Alyssa Vadovsky	Tim Stokes	Greg Mitchell Lauren Batra
PSL 475L	SS25	Alyssa Vadovsky	Greg Mithcell	Greg Mitchell Lauren Batra Sage Malone Eli Cole Nicole Peters

**Thesis and Dissertation Committees:**

2025-

Emma Zblewski  
Alyssa Vadovsky  
Hannah Thompson  
Samantha Musso (FAST)

2024-

Emma Zblewski  
Alyssa Vadovsky  
Hannah Thompson  
Samantha Musso (FAST)

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2023-

Jeremy Bigalke  
Thomas Turkette  
Emma Zblewski  
Alyssa Vadovsky

2022-

Jeremy Bigalke  
Thomas Turkette  
Emma Zblewski

2021-

Jeremy Bigalke  
Thomas Turkette  
Emma Zblewski (CHM)  
Laura Barba Moreno

2020-

Jeremy Bigalke (PhD Montana State University)  
Thomas Turkette  
Kait Durga  
Laura Barba Moreno (International PhD; Universidad Politécnica de Madrid)

2019-

Laura Barba Moreno (International PhD; Universidad Politécnica de Madrid)  
Jeremy Bigalke (MS, MTU)

2018-

Christina Druskovich (MS, GVSU)  
Jeremy Bigalke (MS, MTU)  
Laura Barba Moreno (International PhD; Universidad Politécnica de Madrid)  
Ania Pathak

**Informal Mentees:**

Ida Fonkoue 2015-present  
Sushant Ranadive 2012-present  
Gabriel Alves 2019-present

**Additional Education and training:**

Professional Development:

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Regular attendance at MSU teaching workshops and seminars  
MSU STEM Alliance  
STEM+ Ed @ State

**Community Engagement:**

MSU Center for Service-Learning & Civic Engagement's faculty workshop, "Community Engaged Teaching & Learning: Getting Started". 10/14/2016

MSU Center for Service-Learning & Civic Engagement's faculty workshop, "Community Engaged Learning" full day Faculty Development workshop & consultations focused on Developing & Sustaining Community Partnerships". 2/17/2017

Fall 2008-Dec 2012 Voluntary selected coursework and additional training at Mayo Clinic

- Specialty training in ADInstruments PowerLab and LabChart
- Core 6000 Responsible Conduct of Research
- CTSC 5190 Alternative Medicine
- Core 6700 Integrative Systems Physiology (audit selected lectures)
- Write Winning Grants Workshop, Dr. David C. Morrison
- Writing for Scientific Publication Workshop, Dr. David C. Morrison
- Individual Development Plan Workshop presented by Dr Phil Clifford
- Regular attendance at Endocrine Research Unit weekly metabolic interest group and weekly seminar, Physiology & Biomedical Engineering seminar, and Center for Translational Science Activities (CTSA) seminar
- Variety of management and communication workshops, Mayo Clinic Professional Development and Human Resources

**Other Activities:**

Team Trivia Michigan League  
Lansing Rowing Club  
Great Lakes Alliance-Adopt-a-beach 2017  
MSU Swing Dance Society  
Mayo Fellows Association  
Mayo Research Fellows Association  
Rochester MN Parks and Recreation: Volleyball, Softball  
Blue Lotus Dance Troupe, Rochester, MN, dancer and 2009 "Rhinestones & Stardust" stage manager  
Blue Moon Ballroom Member, Rochester, MN  
Mason Co-Recreational Sand Volleyball

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Team Playmakers Running Club- East Lansing, MI  
Lansing Paddling Club (kayak and canoe)  
Adopt-A-River Program, Volunteer for River Clean-Up, Grand River, Lansing, MI  
Michigan State University Sailing Club  
Multiple Sclerosis Walk Fund Raiser, Frankenmuth, MI  
Public Television Fund Raiser Volunteer, WKAR-TV, Michigan State University  
Medical Science Association  
Lee Honors College Member  
Alpha Lambda Delta National Honor Society- treasurer, member, social committee chair, rush coordinator  
Residence Hall Counsel-Floor Representative  
Institute for the Study of Race and Ethnic Relations- WMU Student/Faculty Committee on Racism  
WMU Karate Club  
WMU Swim Club  
Kalamazoo City Woman's Softball League-Northern Division  
WMU Co-Recreational Volleyball League

**Hobbies and other:**

Travel (national and international)  
Outdoor Adventuring (hiking, climbing, camping, kayaking, downhill & cross country skiing)  
Fitness and Sports (running, cycling, weight lifting, swimming, volleyball, softball, yoga)  
Dance: Blue Lotus Dance Company (Rochester, MN); Habibi Dancers (Lansing, MI), ballroom (swing, salsa)  
Health and Wellness  
Regular enrollment in a variety of community education programs